

1. Choose a favorite color and favorite animal—paint.
2. Choose an animal and look up 3 or 4 facts about it that make it special, a gem. Write a poem or story that incorporates those facts.
3. Think of someone in your life who is an agate, a secret jewel—tell why.
4. Think of someone in your life who is a gem, someone you admire—tell why.
5. Think of a time you felt “clumsy, disjointed, and loose.” What could you do differently to change that next time a similar situation arises?
6. Think of a time when you felt like a gem, when things were going just right for you. How did that feel? What could you do to get that feeling more often?
7. What is special about you?—Maybe something not everybody knows.
8. Think of opposites—things you (we) have versus things you (we) want, as in “we’re a malcontented bunch.” What is reasonable or realistic to want?